

Name: _____

Laboratory Section: _____

The Study Plan Side One

Read Suggestions for Success in Anatomy and Physiology and Planning Study Time for study strategies. *Answer honestly* the questions below.

What kind of learner are you (if you do not know then read chapter one of Get Ready for A&P)?

What study tactics will you use that best accommodate your learning style?

What resources will you use to achieve your reasonable goal for this course (family, study group, time)?

Give a detailed plan on how you will use the notes, text supplies, model room, library, and/or supplemental websites.

How often will you have someone test you (once a day, six times a day)?

How many daylight hours/day will you study *without your phone or other distractions*?

Write out a detailed study plan you will implement to study for lecture exam 1 (add additional paper if needed).

The Study Plan Side Two

What study strategies worked for you?

What additional strategies will you incorporate (flashcards, rewrite notes, tape lectures, participate in study groups) to prepare for the next lecture exam?

What additional resources (neighbors, daylight time, tutoring center, etc.) will you use to be successful in this class?

Write a detailed study plan that you will implement to prepare for lecture exam 2 (attach extra paper if needed).